

First visit



At Chiropractic Associates of Worcester our examinations procedures are geared toward detection and correction of the "[Vertebral Subluxation](#)". The procedures we use are therefore specifically selected for your spine and nervous system health.

There are a couple of things that you should expect when you have a first visit at our clinic.

Our Examination consists of a thorough spinal and nervous system exam which includes "Palpation". Palpation essentially is checking your spine by hand. With this exam the doctor can feel areas of your spine that may be involved with subluxations problems. Spinal position, curvatures and muscle tone can also be examined as it relates to possible spinal subluxations. Your initial examination will also include orthopedic and neurological tests performed by the doctor.



Spinal X-rays may be taken depending on your age, and situation. There are many reasons why we would not take x-rays on certain patients including pregnancy, most children, recent usable spinal x-rays and some other various situations. Aside from these

situations, x-rays are a common part of the examination process when looking for vertebral subluxations. X-rays give us important information including the position of the spinal bones, and the quality of the spine and safety of adjusting it. X-rays also tell us the relative length of time subluxations may have been involved in your spine. Commonly,

most patients receive two spinal xrays at the beginning of care.

With this important information we can make a more accurate determination of the type of adjustments your spine needs as well as the ongoing frequency of your care. Your x-rays will be explained to you and covered in detail at your Report of Findings. You will be scheduled for your Report of Findings within a few days of your initial visit. This visit is your most important visit and may take up to one hour. It is at your Report of Findings that we will give you a care plan and go over any special instructions you will need to obtain the best and fastest possible results. Our staff will schedule your Report of Findings with you after your first visit.

Our Chiropractic Care utilizes the most modern chiropractic analytical, and adjustive procedures and equipment available. We consider subluxations to be a detriment to the quality and quantity of your health and that of your family. It is therefore imperative that we utilize the most modern, and the well established time-proven procedures to help you. We feel you're worth it!